

Please join us

at one of the St. Joseph's Hospital Fall Health Fair Screenings held 6-10 a.m. at: Breese KC Hall on Thursday, October 7; Germantown Legion on Wednesday, October 13; St. Mary's Parish Center in Trenton on Friday, October 22; Carlyle KC Hall on Tuesday, October 26; and new for 2010, St. Joseph's Hospital HealthPlex in Breese on Wednesday, November 3. Register at the Fair or use the form below to preregister.

Admission is free. Screening fees can be paid now or at the Health Fair. The CBS (Comprehensive Blood Screening) will be provided at all locations for only \$40, and requires you to fast for ten hours before the specimen is taken. For men, this blood can also be processed for the PSA (Prostate Cancer Screening) for an additional \$15. For those with suspected or diagnosed blood sugar issues, a Hemoglobin A1c can be performed for \$10. Blood test results will be mailed to the address you specify as soon as processed (usually within two weeks).

**NEW** The Clinton County Health Department will provide flu shots at all fairs from 8-10 a.m. Cost for Clinton County residents is \$30, \$35 for others. This fee will be paid separately from the Health Fair fees. If you present a valid card, the Health Department will bill Medicare Part B.

Heel Bone Density Screenings for osteoporosis (necessary only once a year), Pulmonary Function Screenings, and Body Composition Tests will each be offered for \$5. A take-home Screening Kit for Colo-rectal Cancer will also be available for \$5. Receive a free Blood Pressure Check, a Diabetes Finger Stick, refreshments, and an attendance gift. Don't forget your unneeded eye glasses for the Lion's drop box, as well as wigs and head coverings for our patient-in-need program. In conjunction with the Hospital Sisters Walk for Health & Hunger, we will also be collecting canned goods and non-perishable food items for local food pantries.

If registering more than one person, attach the requested information on a separate sheet. Additional forms are available at [www.stjoebreese.com](http://www.stjoebreese.com). To receive the benefit of preregistration, this information must be received at St. Joseph's Hospital in Breese one week before the Fair you attend. Sorry, we do not schedule screenings by appointment. We offer screenings to promote personal responsibility for positive health habits -- they are not meant to diagnose, treat or rule out disease. It is your responsibility to follow up with a doctor. Medicare will NOT reimburse Health Fair fees.

BETTER  
HEALTH FOR  
A BRIGHTER  
TOMORROW

HEALTH  
FAIR  
Screenings

St. Joseph's  
HOSPITAL

PLEASE PRINT. MARK THE DATE ON YOUR CALENDAR. CONFIRMATION LETTERS WILL NOT BE SENT.  
**2010 FALL HEALTH FAIR SCREENINGS PREREGISTRATION**

Do NOT bring this form to the Health Fair. It must be processed one week in advance to potentially reduce your wait.

CIRCLE ONE: Mr. Miss LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_ MIDDLE INITIAL \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY/ST/ZIP \_\_\_\_\_

BIRTH DATE \_\_\_\_/\_\_\_\_/\_\_\_\_ CIRCLE SEX: **M** **F** PHONE NUMBER/s (\_\_\_\_) \_\_\_\_\_ EMAIL \_\_\_\_\_

PAYMENT OPTIONS:

CREDIT-NAME ON CARD \_\_\_\_\_ NUMBER \_\_\_\_\_ EXP DATE \_\_\_\_\_ AMT \$ \_\_\_\_\_

CHECK ENCLOSED \$ \_\_\_\_\_

WILL PAY AT FAIR

Cash, checks, Mastercard and Visa will be accepted at the Fair, or you may prepay with this form.

Preregistering may reduce your wait. No later than one week before the event, bring this to the desk at the Hospital Entrance, fax it to (618) 526-1404, email [kwhitlatch@sjb.hshs.org](mailto:kwhitlatch@sjb.hshs.org) with the information, or mail it to:

HEALTH FAIR SCREENINGS  
St. Joseph's Hospital  
PO Box 99  
Breese, IL 62230-0099

Call Karyn at (618) 526-5439 with questions. Download additional forms at [www.stjoebreese.com](http://www.stjoebreese.com)

PLEASE CHECK THE LOCATION YOU PLAN TO ATTEND BETWEEN 6:00 & 10:00 AM:

THUR-OCT 7  WED-OCT 13  FRI-OCT 22  TUE-OCT 26  WED-NOV 3  
Breese KC Hall Germantown Legion St. Mary Parish Ctr Carlyle KC Hall HealthPlex, Breese  
480 N. Walnut St. 1105 Sycamore St. 325 S Jefferson, Trenton 1471 Fairfax St. 14160 Jamestown Rd.

X	FEE	PLEASE HELP US PLAN BY MARKING THE FEE SERVICES YOU REQUEST:
<input type="checkbox"/>	\$40	Comprehensive Blood Screening (CBS) — REQUIRES 10 HOUR FAST. Screens for infection, anemia and diabetes; measures cholesterol levels; checks thyroid, liver and kidney function.
<input type="checkbox"/>	\$15	Prostate Specific Antigen (PSA) — BLOOD SCREENING FOR MEN ONLY The doctor uses these results in conjunction with an exam to screen men for prostate cancer.
<input type="checkbox"/>	\$10	Hemoglobin A1c — Indicates if treatment for blood sugar issues/diabetes is working effectively.
<input type="checkbox"/>	\$5	Bone Density Heel Screening — Necessary only once a year, this osteoporosis screening for women and men requires you to remove your shoes and socks.
<input type="checkbox"/>	\$5	Pulmonary Function Screening — Measures lung capacity and blood oxygen levels.
<input type="checkbox"/>	\$5	Body Composition Screening — Calculates the percentage of fat in your body.
<input type="checkbox"/>	\$5	Colon Cancer Screening Kit — Contains everything needed to perform this screening at home.
<input type="checkbox"/>	\$30/\$35	FLU SHOT (by Clinton Cnty Health Dept) 8-10 a.m. PAY HEALTH DEPT AT FAIR. DON'T PREPAY!